



Welcome to Worship

Time to think!



What different things can you think of that happen in the seasons of Spring and Summer?

How is this different to Autumn and Winter?

I am...

1. I am the good shepherd
2. I am the bread of life
3. I am the resurrection
4. I am the light of the world
5. I am the way, the truth and the life
6. I am the vine
7. I am the gate for the sheep



I am the resurrection



There are lots of stories
and images in the Bible
that show new life and
hope.

I am the resurrection



The story of Jesus
raising Lazarus from
the dead.

I am the resurrection



Christians see baptism
as a symbol of hope
and a new life with
God.

I am the resurrection



Jesus dying on the
cross and raising from
the dead 3 days later.

Jesus says in the Bible:
“I am the resurrection
and the life”

What does this mean?

Just like flowers grow, trees get leaves and baby animals are born in different seasons, Christians believe that Jesus brings **new life and hope**. Even when things feel sad, broken or difficult.

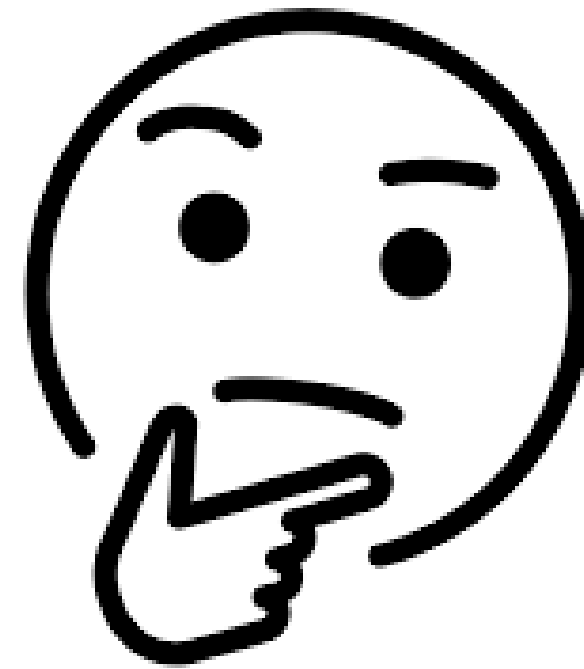
This 'I am' statement in the Bible reminds us that new beginnings are always possible, even when things have seemed hard and hopeless.



Time to think

Close your eyes for a moment and think:

- When have you started something new or is there something new coming up for you?
- What does it feel like to have a new beginning?
- Just like the shoot on the last slide, new beginnings can start small and may not always look or feel wonderful to begin with. They can be hard but can grow into beautiful things.
- Who or what do you need to help you with starting something new?



Stillness

If you would like to make this prayer your own, you can join in with Amen at the end or sit and reflect.

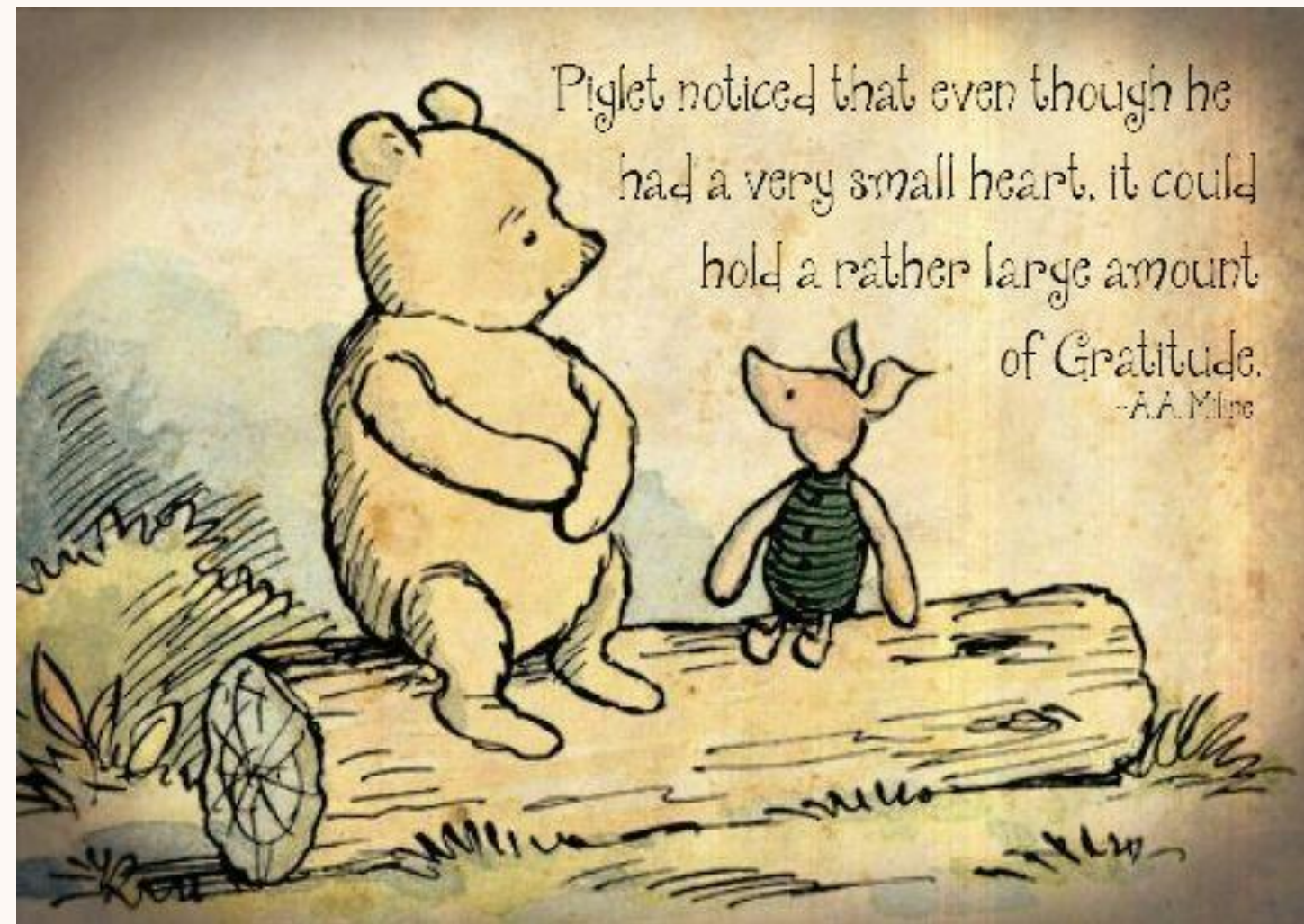
Dear God,

Thank you for new life and new beginnings. When we feel sad or things go wrong, help us remember that hope can grow again. Help us to bring hope to others.

Amen.

Take it with you

What is one thing you can be grateful and thankful for today?





**Have a good
day**

Peace be with you

And also with you

Further activities

The butterfly goes through a lot of changing before it becomes a butterfly. Use the image of the butterfly to write down or draw changes that you have had to face in your life or things you may have to go through soon. On the other side of the butterfly, you could list the positive things you feel about the changes and any worries or fears you have about the changes.

If you would like to, you could write a short prayer to God asking for help as you go through changes in your life.

