



Welcome to Worship



Time to think!

What are the different types of light you can think of?

What do we need light for?

I am...

1. I am the good shepherd
2. I am the bread of life
3. I am the resurrection
4. I am the light of the world
5. I am the way, the truth and the life
6. I am the vine
7. I am the gate for the sheep



I am the light of the world



Light helps us to see,
keeps us safe and shows
us the way.



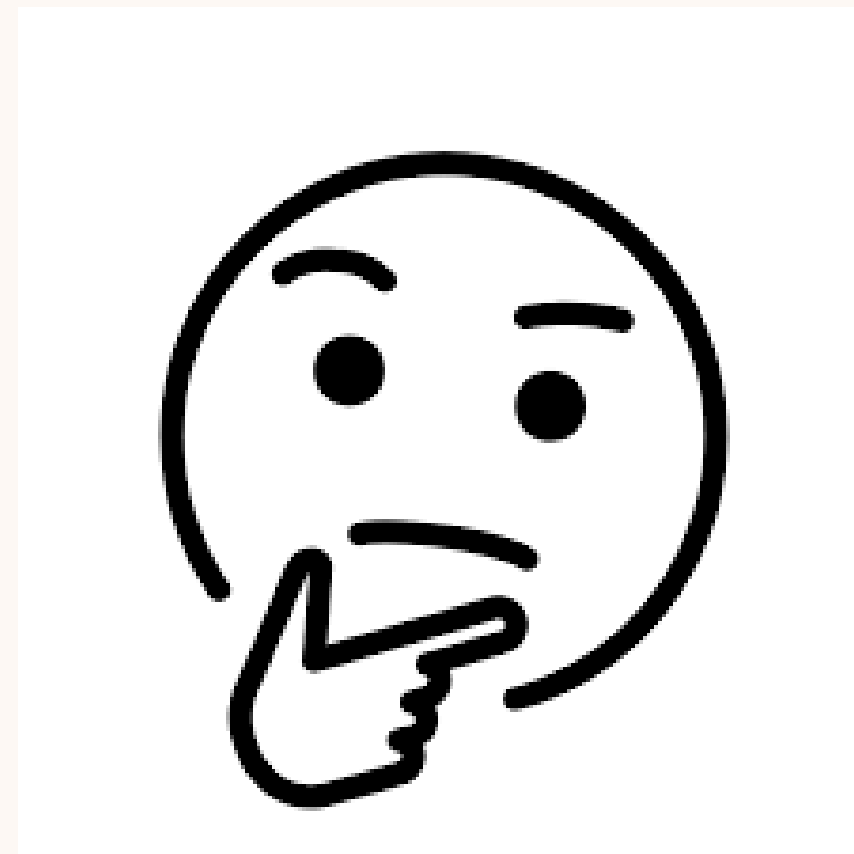
Time to think

We are going to light a candle at the front and turn off the lights.

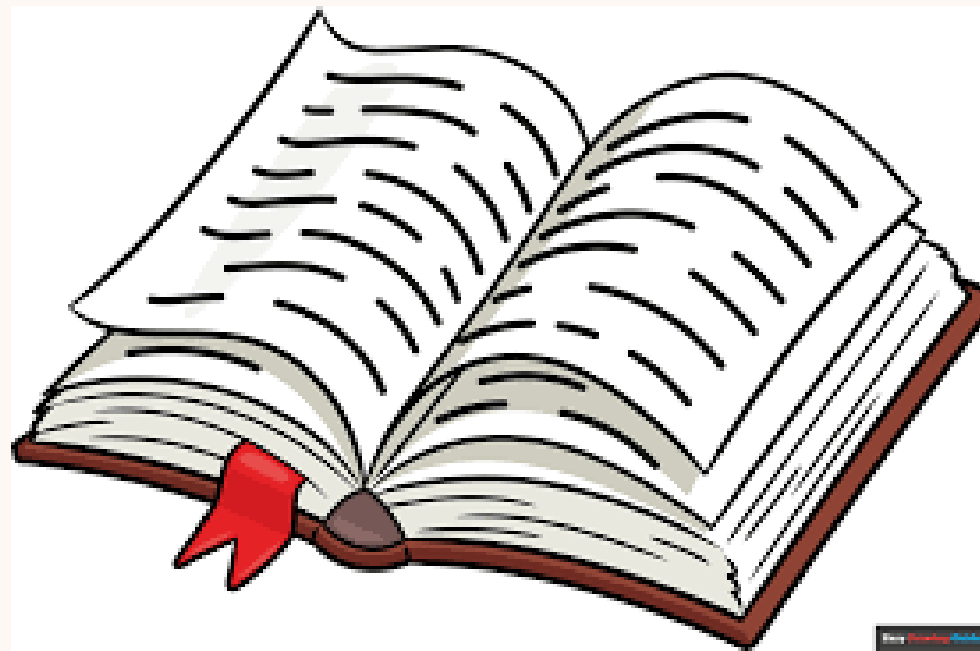
Sometimes things can feel dark, scary and lonely. Not just at night but also in how we feel. Look at the candle as you think about times that you have felt:

- confused
- sad?
- worried?

Looking at the light in hard times can give us hope of something better ahead.



Peek at the Bible



John 8:12:

“I am the light of the world. Whoever follows me will never walk in darkness, but will have the light of life.”



What does this mean?

Jesus said he is the **light of the world**.

Just like the candle can help when things feel hopeless, many Christians believe that Jesus, as the light of the world, gives us hope and joy when we are confused, scared or worried. Jesus shows us how to live in a kind and good way.

We can also think about how we can be a light for other people.



Stillness

If you would like to make this prayer your own, you can join in with Amen at the end or sit and reflect.

Dear God,

Thank you for being our light when things feel dark.
Help us to shine with kindness, love, and courage.
Help us to be a light for others today.

Amen.



Take it with you

How could you be the light for someone else today? How can you help someone to see clearer or become less worried and scared?





**Have a good
day**

Peace be with you

And also with you

Further activities

Fill one side of your light bulb with your light. What are the things you are good at? What positive character traits do you have?

On the other side of the lightbulb, think about how these things could be used to help other people.

Colour it in and display your lightbulbs in class.

