

Resources to Support with Bereavement

There are many different types of resources, reflecting the reality that no two children (or adults, of course) react to a bereavement in the same way. Offering, but not insisting on, opportunities to talk through memories and feelings will certainly be part of our response to a child who has experienced the death of someone close to them.

Experience shows, though, that the time scale around this for children might be significantly different to the way adults tend to grieve. As children reach new ages and stages of development, they might need to grieve afresh for the person they have lost.

This list has been created to give schools immediate places to look at, not all resources will be appropriate to your school's circumstances. We have included as many hyperlinks as possible, but you may need to check the organisation's main webpage if the link is broken. (This list will be updated annually in August)

Child Bereavement UK

<https://childbereavementuk.org/>

- **School Information Pack:** <https://childbereavementuk.org/wp-content/uploads/2018/09/Schools-Information-Pack-Web-Complete-Download.pdf>
- **Managing a Sudden Death in the School Community:** <http://bereavement.lgfl.org.uk/default.html>

Winston's Wish

<https://www.winstonswish.org/>

- **Charter for Bereaved Children** - <https://www.winstonswish.org/wp-content/uploads/2018/01/ww-0107-CBC-lo.pdf>
- **Positive Responses to Death: A Strategy for Schools** - <https://www.winstonswish.org/wp-content/uploads/2018/01/ww-0153-strat-for-schools-hi.pdf>
- **School Information Pack** - <https://www.winstonswish.org/wp-content/uploads/2018/01/ww-0163-schools-info-pack.pdf>
- **Making a Memory Box** - <https://www.winstonswish.org/wp-content/uploads/2018/01/ww-0114-MAMB-lo.pdf>

Cruse Bereavement Care

<https://www.cruse.org.uk/>

- [Death of a Pupil](#)
- [Returning to schools \(after a bereavement\)](#)
- [Supporting pupils following violent deaths](#)

- [Death of a staff member](#)
- [Supporting pupils bereaved by suicide](#)
- [Dealing with crisis at school](#)
- [Recognising the impact of bereavement on a child](#)

Care for the Family

<https://www.careforthefamily.org.uk/Family+life/bereavement-support>

A range of resources and courses for bereaved including bereaved sibling support and bereaved parent support days and weekends.

Grief Encounter

<https://www.griefencounter.org.uk/>

- **Grief Guide for Teenagers** - <http://www.griefencounter.org.uk/wp-content/uploads/2015/09/12583-Teenagers-Guide.pdf>

The Laura Centre

<http://thelauracentre.org.uk/>

A Leicestershire based charity offering counselling services and other resources.

Dying Matters

<https://www.dyingmatters.org/>

- **Talking to Children about Dying Leaflet** - https://hukstage-new-bucket.s3.eu-west-2.amazonaws.com/s3fs-public/2023-04/TALKING%20WITH%20CHILDREN_WEB.pdf?VersionId=5_SJ3v9mF2LEFsiTE_yiNEDv5yJR36S

MacMillan Cancer Support

<https://www.macmillan.org.uk/>

- **Preparing a child for loss** - <https://www.macmillan.org.uk/cancer-information-and-support/treatment/if-you-have-an-advanced-cancer/end-of-life/preparing-a-child-for-loss>

Minded for Families

https://mindedforfamilies.org.uk/Content/death_and_loss_including_pets/#/id/5e2f59b80d59e61ac2738d75

Some useful information on the website about bereavement – with Q&A and videos.

'Never the Same' Church of England Resources for Schools

A collection of CofE resources on bereavement for School Leadership:

- Website: <https://www.churchofengland.org/our-faith/faith-home/i-am-school-leader/never-same-resources-school-leaders>
- PDF Document: <https://www.churchofengland.org/sites/default/files/2020-05/never-the-same-school-leadership-resources-for-grief-bereavement-and-loss-based-on-the-cofe-vision-for-education-may-2020.pdf>

Books which may be useful:

Where books are available to buy online, we have included the hyperlink to a seller as the book title so you can purchase your own copy / read about them in more detail.

- [Counselling Children, a Practical Introduction](#), Kathryn Geldard & David Geldard
- [Exploring: The Journey of Life and Death, Joyce Mackley](#) (RE Today Publication)
- [Jesus Still Loves Joe](#) (about a child whose sister has died), Victoria Beech
- [Love you Forever](#), Robert Munsch
- [Remembering](#), Dianne Leutner
- [Saying Goodbye to Greg: Understanding Bereavement at FS, KS1 & KS2](#), Christine Chapman
- [Sunshine & Shadows, reflections of a MacMillan Nurse](#), Clare Fitzgibbon
- [Talking with Children and Young People about Death & Dying](#), Mary Turner
- [The Path Not Chosen: Beginning the Journey of Loss & Bereavement, Wendy Bray](#) (Published by www.CWR.org.uk)
- [The Sky Goes on Forever, a book about death for children](#), Molly MacGregor
- [Thinking of Heaven: Prayers for Sad Goodbyes](#), Sophie Piper
- [Water Bugs & Dragonflies: Explaining death to children](#), Doris Stickney
- [When Something Terrible Happens](#), Marge Heegaard
- [Where did Grandad go?](#) Catherine House & Honor Ayres
- [Where's My Mum Now? Children's perspectives on helps and hindrances to their grief](#), Brian Cranwell
- [Will I Live Forever](#), Carolyn Nystrom
- Young People and Loss, A Handbook for Schools, Robin Cooper
- [A Grief Observed](#) - C.S Lewis
- [Grief Works: Stories of Life, Death and Surviving](#) – Julia Samuel
- On Grief and Grieving: Finding the Meaning of [Grief Through the Five Stages of Loss](#) - Dr. Elisabeth Kubler-Ross
- ['You'll Get Over It': The Rage of Bereavement](#) - Virginia Ironside
- [10 Books for Children to help with bereavement](#)
- [The Way Men Heal](#) – Thomas R. Golden
- [Living Through Bereavement: With the Help of Christian Thought and Prayer](#) – David M. Owen

Books to Support with Illness / Being in Hospital

- [Jim's Lion](#), Russell Hoban
- [Josh Stays in Hospital \(about a child who has to stay in hospital\)](#), Victoria Beech
- [Maya Goes to Hospital \(about a child who goes to hospital\)](#), Victoria Beech
- [Sam and His Special Book \(about a child who is life limited\)](#), Victoria Beech